



# Community News

The mission of the Greensboro Housing Authority is to provide safe, quality, affordable housing to low-income, elderly, and the disabled in the Greensboro Community; to maintain a safe and secure community environment; and to encourage personal responsibility and upward mobility of residents while maintaining the fiscal integrity of the agency.

### INSIDE THIS ISSUE:

- Vikings Go 2  
8-0
- Smoking & Fire Safety 2
- Cooking Safety 2
- Jobs Fair 3
- Get Your Money Up! 3
- Father's Day Events 4

## Super Senior Shape Up Class Begins

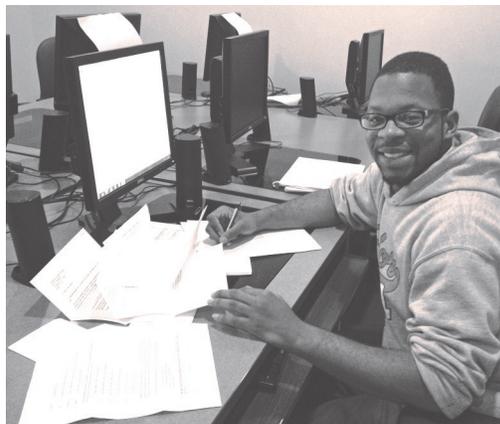
The Super Senior Shape Up Fitness Class in the Stoneridge Community Center, lead by a Master Fitness Trainer, began April 2nd and will continue for six weeks. Classes are held on Tuesdays and Thursdays from 11:00am to 12:00 noon and are free to all Greensboro Housing Authority residents who are 55+.

Exercises are customized for older adults to improve strength, mobility, and fall prevention.

“Staying active is especially important for our older adults to enhance their physical and mental well-being”, said Rebecca Mabry, Public Housing Family Self Sufficiency Coordinator. “Paul Gilmer, the instructor, is certified to work specifically with older adults. They will



enjoy working with him. He will keep them moving!” Please contact Mabry at 336-303-3034 for information and to ensure there is room in the class.



Elijah Murphy, a senior at Grimsley High and a Hampton Homes resident, completes a CCHRCO scholarship application at Hampton Homes Computer lab.

## Help with Scholarships Available

Scholarships are available for those living in Greensboro Housing Authority’s (GHA) public housing. CCHRCO and SERC-NAHRO, both housing organizations to which GHA is a member, award scholarships annually based on academic achievement (GPA of 2.5 or higher), extracurricular activities, need and education/career goals.

Applications are available by calling Client Services at 336-370-4380. Hurry, the deadline is April 17, 2014.

# Vikings Go 8-0



GHA's Viking Basketball Team are undefeated in the Public Housing Authority State Athletic Conference. The conference includes teams from Concord, High Point, Winston Salem, Statesville, Lexington and Greensboro. To participate, all youth must be residents of Public Housing or the HCV program, maintain a grade point average of at least 2.0 and be drug free. Regular season games will continue on April 26th at Dudley High School in Greensboro with the Vikings taking on Winston Salem. The State Tournament will be held at High Point University's Millis Gymnasium May 16-18. Sunday, May 18, there will be a Cheer-leading Competition against Concord Warriors, GHA Vikings and Winston Salem Yellow Jackets.

## Art Workshops Have Begun

Art Workshops, taught by staff from the African-American Atelier are currently being held from 4-5 pm Mondays at Smith Homes, Tuesdays at Ray Warren Homes, Wednesdays at Hickory Trails, Thursdays at Claremont Court and Fridays at Hampton Homes. Workshops end May 2, 2014.

As part of the annual "What Home Means to Me" Poster Contest, residents may pick up free art supplies for their children to complete a poster depicting how they feel about home at the following management offices: Lakespring Court, Claremont Courts, Hickory Trails, Ray Warren, and Smith Homes. Posters are due back to the management offices by May 2. Please call Sabrina Abney at 303-3003 for further information.



2014 Winning Artwork by Jean Wright

## Cooking Safety



### FACTS

- The leading cause of fires in the kitchen is unattended cooking.
- Most cooking fires in the home involve the stovetop

### "COOK WITH CAUTION"

- ◆ Be on alert! If you are sleepy or have consumed alcohol don't use the stove or stovetop.
- ◆ Stay in the kitchen while you are frying, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- ◆ If you are simmering, baking, roasting, or boiling food, check it regularly, remain in the home while food is cooking, and use a timer to remind you that you are cooking.
- ◆ Keep anything that can catch fire - oven mitts, wooden utensils, food packaging, towels or curtains - away from your stovetop.

### IF YOU HAVE A COOKING FIRE...

- ◆ Just get out! When you leave, close the door behind you to help contain the fire.
- ◆ Call 9-1-1 after you leave.
- ◆ If you try to fight the fire, be sure others are getting out and you have a clear way out.
- ◆ Keep a lid nearby when you're cooking to smother small grease fires. Smother the fire by sliding the lid over the pan and turn off the stovetop. Leave the pan covered until it is completely cooled.
- ◆ For an oven fire turn off the heat and keep the door closed.





**Job Fair: May 6, 2014**  
**Time: 10am – 2pm**

## Hampton Homes Resource Center, 1300-B Ogden Street

Job opportunities are offered for clients covering a variety of industries including Manufacturing, Consumer Products, Pharmaceutical and Distribution Centers. If you're seeking immediate employment, XLC may provide that opportunity with the right qualifications.

- Light Industrial
- Material Handling
- Entry Level
- Leadership Opportunities
- Part Time and Full-time Hours
- Great for college students
- Hours Available Now!



Please visit the XLC Services website at <http://xlcservices.com> to complete an on-line job application prior to the Job Fair.

For further information and to RSVP, contact:  
 336-370-4380 (for Public Housing Residents)  
 336-303-3079 (for Housing Choice Voucher Clients)  
 336-303-3084 (for Supportive Housing Clients)

Please dress professionally for on-site interviews.

# Get Your Money Up!

**Financial \$ense for Everyday Living**  
**April 16-May 14, Each Wednesday at 10:15 am**  
**Ray Warren Homes Conference Room**



The weekly workshops will provide knowledge & skills for smart financial decisions. Topics include effective cash management, building assets & savings, and banking.

Contact Rebecca Mabry at 336-303-3034 or [rmabry@gha-nc.org](mailto:rmabry@gha-nc.org) for further information.

# COMMUNITY NEWS

A publication of the  
Greensboro Housing Authority

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Editor

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## Contact Us

Administrative Office  
275-8501

Assisted Housing Office  
271-3368

Property Management Region 1  
Claremont Courts · Laurel Oaks ·  
Foxworth · Woodberry Run · Baylor Ct.  
Lakespring Ct.  
274-3491

Property Management Region 2  
Hampton Homes · Hickory Trails ·  
Woodland Village  
274-3236 · 297-2114

Property Management Region 3  
Smith Homes · Abby Court  
273-3688

Property Management Region 4  
Ray Warren Homes · Applewood ·  
Silverbriar · Riverbirch · Pear Leaf  
275-6995

Property Management Region 5  
Gateway Plaza · Hall Towers ·  
Stoneridge  
275-9892 · 272-7869

Client Services  
370-4380

Housing Choice Voucher Program  
Family Self Sufficiency · Homeownership  
303-3079 · 271-2546

Public Housing Family Self Sufficiency  
303-3003 · 303-3009 · 303-3034

GHA Maintenance Emergencies  
272-4137 (Primary #)  
(Secondary 336-659-3050 - Call only if  
primary # is not operating))



Greensboro Housing Authority  
450 North Church Street  
Greensboro, NC 27401-2001

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Visit us on the Web at  
[www.gha-nc.org](http://www.gha-nc.org)

## Two Great Father's Day Celebrations



**FATHER'S DAY FUN DAY**

**JUNE 7TH**

**10:00 AM - 2 pm**

**RAY WARREN HOMES**

**MY FATHER CAN DANCE**  
**Line Dance Competition**  
**In Celebration of Great Fathers**  
**& Father Figures**



Contact GHA's Client Services Manager at 336-303-3010 for  
additional information and to register for line dancing.